

# Football

## 5-A-Side (Blind)

Football 5-a-Side is open to athletes with blindness/visual impairment, with the possibility of one sighted player as the goalkeeper. There are five players per team and each game lasts 50 minutes. Rules are the same as able-bodied Football with certain modifications; the ball makes a noise when it moves, the goalkeepers may be sighted and act as guides during the game, the rest of the team uses eye shades to ensure fairness, there are five players including the goalkeeper on a team rather than 11, the field of play measurements are smaller and there is no offside rule. The game consists of two halves of 25 minutes each.

The sport, governed by the International Blind Sports Federation (IBSA), is played with modified the International Federation of Associated (FIFA) rules.



### Eligibility:

Blindness	Visual Impairment
-----------	-------------------

### Classification:

Football 5-a-side players are assigned to one of three sport classes based on their level of visual impairment:

<b>B1</b>	Totally or almost totally blind; from no light perception up to light perception but inability to recognise the shape of a hand.
<b>B2</b>	Partially sighted; able to recognise the shape of a hand up to a <u>visual acuity</u> of 2/60 or a visual field of less than 5 degrees.
<b>B3</b>	Partially sighted; visual acuity from 2/60 to 6/60 or visual field from 5 to 20 degrees